

**STANDARD 2.5 MOVEMENT SKILLS AND CONCEPTS GRADE 7&8**

<p><b>Established Goals:</b> Standards</p> <p><b>2.5 Motor Skill Development: All students will utilize safe, efficient, and effective movement to develop and maintain a healthy, active lifestyle.</b></p> <p><b>A. Movement Skills and Concepts</b></p> <p>2.5.8.A.1 Explain and demonstrate the transition of movement skills from isolated settings (i.e., skill practice) into applied settings (i.e., games, sports, dance, and recreational activities).</p> <p>2.5.8.A.2 Apply the concepts of force and motion (weight transfer, power, speed, agility, range of motion) to impact performance.</p> <p>2.5.8.A.3 Create, explain, and demonstrate, as a small group, a planned movement sequence that includes changes in rhythm, tempo, and musical style (creative, cultural, social, and fitness dance).</p> <p>2.5.8.A.4 Detect, analyze, and correct errors and apply to refine movement skills.</p> <p><b>B. Strategy</b></p> <p>2.5.8.B.1 Compare and contrast the use of offensive, defensive, and cooperative strategies in a variety of settings.</p> <p>2.5.8.B.2 Assess the effectiveness of specific mental strategies applied to improve performance</p> <p>2.5.6.B.3 Analyze individual and team effectiveness in achieving a goal and make recommendations for improvement.</p> <p><b>C. Sportsmanship, Rules, and Safety</b></p> <p>2.5.8.C.1</p>	<b>Transfer</b>	
	<p><b>Students will be able to:</b></p> <p>A. Movement skill performance is primarily impacted by the quality of instruction, practice, assessment, feedback and effort .</p> <p>B. Individual and team execution in games, sports, and other activity situations is based on the interaction of tactical use of strategies, positive mental attitudes, competent skill levels, and teamwork.</p> <p>C. Self-initiated behaviors that promote personal and group success include safety practices, adherence to rules, etiquette, cooperation, teamwork, ethical behavior, and positive social interaction. Movement activities provide a timeless opportunity to connect with people around the world</p>	
	<b>Meaning</b>	
	<b>ENDURING UNDERSTANDING</b>	<b>ESSENTIAL QUESTIONS</b>
<p>A. Performing movement skills in a technically correct manner improves overall performance and increases the likelihood of participation in lifelong physical activity. Knowing and understanding concepts of movement will improve performance in a specific skill and provide the foundation for transfer of skills in a variety of sports and transfer of skills in a variety of sports and activities.</p> <p>B. Implementing effective offensive, defensive and cooperative strategies is necessary for all players to be successful in game situations.</p>	<p>A. How does effective and appropriate movement affect wellness? Why do I have to understand concepts of movement when I can already perform the movement?</p> <p>B. To what extent does strategy influence performance in competitive games and activities?</p> <p>C. To what extent does strategy influence performance in competitive games and activities?</p>	

<p>Assess player behavior for evidence of sportsmanship in individual, small-group, and team activities.</p> <p>2.5.8.C.2</p> <p>Summarize types of equipment, products, procedures, and rules that contribute to the safety of specific individual, small-group, and team activities.</p> <p>2.5.8.C.3</p> <p>Analyze the impact of different world cultures on present-day games, sports, and dance.</p>	<p>C. Implementing effective offensive, defensive and cooperative strategies is necessary for all players to be successful in game situations.</p>	
<b>Acquisition</b>		
KNOWLEDGE	SKILLS	
<i>Students will know how to...</i>	<i>Students will be skilled at...</i>	
<p>Individuals who learn to move safely, effectively and efficiently and feel comfortable and confident in the performance of motor skills are more likely to participate in health-enhancing forms of physical activity throughout life.</p>	<p>A. <b>Explain</b> and perform movement skills with developmentally appropriate control in isolated settings (i.e., skill practice) and applied setting (i.e., games, sports, dance, and recreational activities). Demonstrate changes in time, force, and flow while moving in personal and general space at different levels, directions, ranges, and pathways. Respond in movement to changes in tempo, beat, rhythm, or musical style. Correct movement errors in response to feedback.</p> <p>B. Compare and contrast the use of offensive, defensive, and cooperative strategies in a variety of settings. Assess the effectiveness of specific mental strategies applied to improve performance. Assess the effectiveness of specific mental strategies applied to improve performance. Analyze individual and team effectiveness in achieving a goal and make recommendations for improvement.</p> <p>C. Assess player behavior for evidence of sportsmanship in individual, small-group, and team activities. Summarize types of equipment, products, procedures, and rules that contribute to the safety of specific individual, small-group, and team activities. Analyze the impact of different world cultures on present-day games, sports, and dance</p>	

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Vocabulary	Instruction and Pacing	
<b>Movement Skills and Concepts</b> , Games, Sports ,Dance, and Recreational, Tempo, Beat, Rhythm, Personal and General space Strategies, <b>Sportsmanship, Rules, and Safety</b> , Offense and Defense  Related Vocabulary	<b>Content and learning activities related to</b>	
	<b>A. Movement Skills and Concepts</b>	<b>1 week</b>
	<b>B. Strategy</b>	<b>1 week</b>
	<b>C. Sportsmanship, Rules, and Safety</b>	<b>1 week</b>
<b>Resources</b>		
<b>Text Books/Workbooks</b> <b>Internet research</b>		

<b>Health Web Sites</b>	
<b>Games</b>	
<b>Differentiation and Accommodations</b>	
Provide graphic organizers Provide additional examples and opportunities for additional problems for repetition Provide tutoring opportunities Provide retesting opportunities after remediation (up to teacher and district discretion) Teach for mastery not test Teaching concepts in different modalities Adjust pace and homework assignments	
<b>ELL Modifications</b> <ul style="list-style-type: none"> <li>Utilize the World Language Teacher and the ELL Teacher</li> </ul>	
<b>21<sup>st</sup> Century Skills</b>	Critical Thinking, Creative Thinking, Collaborating, Communicating, and Technology Literacy
<b>Instructional Strategies</b>	Fairfield School recognizes the importance of the varying methodologies that may be successfully employed by teachers within the classroom and, as a result, identifies a wide variety of possible instructional strategies that may be used effectively to support student achievement. These may include, but not be limited to, strategies that fall into categories identified by the Framework for Teaching by Charlotte Danielson: <ul style="list-style-type: none"> <li>Communicating with students</li> <li>Using questioning and discussion techniques</li> <li>Engaging students in learning</li> <li>Using assessment in instruction</li> <li>Demonstrating Flexibility and Responsiveness</li> </ul>
<b>Interdisciplinary Connections</b>	
<b>Common Misconceptions</b>	
<b>Proper Conceptions</b>	
A. You do not have to execute skills correctly to be successful.	A. You do have to execute skills correctly to be successful.
B. Teamwork does not consists of effective communication and other interactions between team members.	B. Teamwork does not consists of effective communication and other interactions between team members.
C. You do not have to practice appropriate and safe behaviors while participating in and viewing game, sports, and other competitive events contributes to enjoyment of the event.	C. Practicing appropriate and safe behaviors while participating in and viewing game, sports, and other competitive events contributes to enjoyment of the event.

## Performance Task

Written assessments, Small group/class discussion, Homework,

Rubric

# ASSESSMENTS

## Suggested Formative Assessment

Problem of the Day

Lesson Quizzes

Exit Ticket

Anecdotal Records (Topic Observation Checklist)

## Suggested Summative Assessment

Grade level developed Unit/Envisions Topic Tests

Ed-Connect Express Tests /State Unit Benchmark Assessment/Performance Task

