

STANDARD 2.5 MOVEMENT SKILLS AND CONCEPTS GRADE 1&2

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| <p>Established Goals: Standards</p> <p>2.5 Motor Skill Development: All students will utilize safe, efficient, and effective movement to develop and maintain a healthy, active lifestyle.</p> <p>A. Movement Skills and Concepts</p> <p>2.5.2.A.1 Explain and perform movement skills with developmentally appropriate control in isolated settings (i.e., skill practice) and applied settings (i.e., games, sports, dance, and recreational activities).</p> <p>2.5.2.A.2 Demonstrate changes in time, force, and flow while moving in personal and general space at different levels, directions, ranges, and pathways.</p> <p>2.5.2.A.3 Respond in movement to changes in tempo, beat, rhythm, or musical style.</p> <p>2.5.2.A.4 Correct movement errors in response to feedback.</p> <p>B. Strategy</p> <p>2.5.2.B.1 Differentiate when to use competitive and cooperative strategies in games, sports, and other movement activities.</p> <p>2.5.2.B.2 Explain the difference between offense and defense</p> <p>2.5.2.B.3 Determine how attitude impacts physical performance.</p> <p>2.5.2.B.4 Demonstrate strategies that enable team and group members to achieve goals.</p> <p>C. Sportsmanship, Rules, and Safety</p> | Transfer | |
| | <p>Students will be able to:</p> <p>A. Understanding of fundamental concepts related to effective execution of actions provides the foundation for participation in games, sports, dance, and recreational activities.</p> <p>B. Teamwork consists of effective communication and other interactions between team members.</p> <p>C. Practicing appropriate and safe behaviors while participating in and viewing games, sports, and other competitive events contributes to enjoyment of the event.</p> | |
| | Meaning | |
| | ENDURING UNDERSTANDING | ESSENTIAL QUESTIONS |
| <p>A. Performing movement skills in a technically correct manner improves overall performance and increases the likelihood of participation in lifelong physical activity. Knowing and understanding concepts of movement will improve performance in a specific skill and provide the foundation for transfer of skills in a variety of sports and transfer of skills in a variety of sports and activities.</p> <p>B. Implementing effective offensive, defensive and cooperative strategies is necessary for all players to be successful in game situations.</p> <p>C. Implementing effective offensive, defensive and</p> | <p>A. How does effective and appropriate movement affect wellness? Why do I have to understand concepts of movement when I can already perform the movement?</p> <p>B. To what extent does strategy influence performance in competitive games and activities?</p> <p>C. To what extent does strategy influence performance in competitive games and activities?</p> | |

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| <p>2.5.2.C.1 Explain what it means to demonstrate good sportsmanship.</p> <p>2.5.2.C.2 Demonstrate appropriate behaviors and safety rules and explain how they contribute to moving safely during basic activities.</p> | <p>cooperative strategies is necessary for all players to be successful in game situations.</p> | |
| Acquisition | | |
| KNOWLEDGE | | SKILLS |
| <i>Students will know how to...</i> | | <i>Students will be skilled at...</i> |
| <p>Individuals who learn to move safely, effectively and efficiently and feel comfortable and confident in the performance of motor skills are more likely to participate in health-enhancing forms of physical activity throughout life.</p> | | <p>A. Explain and perform movement skills with developmentally appropriate control in isolated settings (i.e., skill practice) and applied setting (i.e., games, sports, dance, and recreational activities). Demonstrate changes in time, force, and flow while moving in personal and general space at different levels, directions, ranges, and pathways. Respond in movement to changes in tempo, beat, rhythm, or musical style. Correct movement errors in response to feedback.</p> <p>B. Differentiate when to use competitive and cooperative strategies in games, sports, and other movement activities. Explain the difference between offense and defense. Determine how attitude impacts physical performance. Demonstrate strategies that enable team members to achieve goals.</p> <p>C. Explain what it means to demonstrate good sportsmanship. Demonstrate basic activity and safety rules and explain how they contribute to moving in a safe environment.</p> |

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| Vocabulary | | Instruction and Pacing | |
|---|---|------------------------|---------------|
| Movement Skills and Concepts , Games, Sports ,Dance, and Recreational, Tempo, Beat, Rhythm, Personal and General space Strategies, Sportsmanship, Rules, and Safety , Offense and Defense Related Vocabulary | Content and learning activities related to | | |
| | A. Movement Skills and Concepts | | 1 week |
| | B. Strategy | | 1 week |
| | C. Sportsmanship, Rules, and Safety | | 1 week |
| Resources | | | |
| Text Books/Workbooks Internet research Health Web Sites Games | | | |
| Differentiation and Accommodations | | | |

Provide graphic organizers
 Provide additional examples and opportunities for additional problems for repetition
 Provide tutoring opportunities
 Provide retesting opportunities after remediation (up to teacher and district discretion)
 Teach for mastery not test
 Teaching concepts in different modalities
 Adjust pace and homework assignments

ELL Modifications

- Utilize the World Language Teacher and the ELL Teacher

21st Century Skills

Critical Thinking, Creative Thinking, Collaborating, Communicating, and Technology Literacy

Instructional Strategies

Fairfield School recognizes the importance of the varying methodologies that may be successfully employed by teachers within the classroom and, as a result, identifies a wide variety of possible instructional strategies that may be used effectively to support student achievement. These may include, but not be limited to, strategies that fall into categories identified by the Framework for Teaching by Charlotte Danielson:

- Communicating with students
- Using questioning and discussion techniques
- Engaging students in learning
- Using assessment in instruction
- Demonstrating Flexibility and Responsiveness

Interdisciplinary Connections

Common Misconceptions

- A. You do not have to execute skills correctly to be successful.
- B. Teamwork does not consists of effective communication and other interactions between team members.
- C. You do not have to practice appropriate and safe behaviors while participating in and viewing game, sports, and other competitive events contributes to enjoyment of the event.

Proper Conceptions

- A. You do have to execute skills correctly to be successful.
- B. Teamwork does not consists of effective communication and other interactions between team members.
- C. Practicing appropriate and safe behaviors while participating in and viewing game, sports, and other competitive events contributes to enjoyment of the event.

Performance Task

Written assessments, Small group/class discussion, Homework,

Rubric

ASSESSMENTS

Suggested Formative Assessment

Problem of the Day

Lesson Quizzes

Exit Ticket

Anecdotal Records (Topic Observation Checklist)

Suggested Summative Assessment

Grade level developed Unit/Envisions Topic Tests

Ed-Connect Express Tests /State Unit Benchmark Assessment/Performance Task