STANDARD 2.2 INTEGRATED SKILLS   GRADE   7&8

Established Goals:

Standards

2.2 Integrated Skills: All students will develop and use personal and interpersonal skills to support a healthy, active lifestyle.

A. Interpersonal Communication

2.2.8.A.1

Compare and contrast verbal and nonverbal interpersonal communication strategies in a variety of settings and cultures in different situations.

2.2.8.A.2

Demonstrate the use of refusal, negotiation, and assertiveness skills when responding to peer pressure, disagreements, or conflicts.

B. Decision-Making and Goal Setting

 2.2.8.B.1

Predict social situations that may require the use of decision-making skills

2.2.8.B.2

Justify when individual or collaborative decision-making is appropriate.

2.2.8.B.3

Analyze factors that support or hinder the achievement of personal health goals during different life stages.

C. Character Development

2.2.8.C.1

Analyze strategies to enhance character development in individual, group, and team activities.

2.2.8.C.2

Analyze to what extent various cultures have responded effectively to individuals with disabilities.

2.2.8.C.3

Hypothesize reasons for personal and group adherence, or lack of adherence, to codes of conduct at home, locally, and in the

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Transfer

Students will be able to:

A. Effective interpersonal communication encompasses respect and acceptance for individuals regardless of gender, sexual orientation, disability, ethnicity, socioeconomic background, religion and/ or culture. Effective communication is the basis for strengthening interpersonal interactions and relationships and resolving conflicts.

B. Every health-related decision has short- and long-term consequences and affects the ability to reach health goals.

C. Working together toward common goals with individuals of different abilities and from different backgrounds develops and reinforces core ethical values

Rules, regulations, and policies regarding behavior provide a common framework that supports a safe, welcoming environment.

D. Effective advocacy for a health or social issue is based on communicating accurate and reliable research about the issue and developing and implementing strategies to motivate others to address the issue.

E. Potential solutions to health issues are dependent on health literacy and available

Resources. Communicating health needs to trusted adults and professionals assists in the prevention, early detection, and treatment of health problems.

Meaning

ENDURING UNDERSTANDING	ESSENTIAL QUESTIONS
A. Making good health decisions requires the ability to access and evaluate reliable resources. Effective communication skills enhance a person's ability to express and defend their beliefs. B. Decision-making can be affected by a variety of influences that may not be in a person's best interest. Developing and implementing a plan to reach realistic wellness goals. Increase the likelihood of reaching those goals. C. Character can be developed and supported	A. How do you know whether or not health information is accurate? How do I learn to stand for and communicate my beliefs to others without alienating them? B. Why might educated people make poor health decisions? How do I overcome negative influence when making decisions about my personal health? In order to achieve lifetime wellness, what should I plan for and what should I just let happen? C. How are character and health related? What aspects of our character can be changed? To what extent do outside influences shape values? D. How can you inspire others to address health issues? E. Where do I go to access information about good health and fitness services?

worldwide community.

D. Advocacy and Service

2.2.8.D.1

Plan and implement volunteer activities to benefit a local, state, national, or world health initiative.

2.2.8.D.2

Defend a position on a health or social issue to activate community awareness and responsiveness.

E. Health Services and Information

2.2.8.E.1

Evaluate various health products, services, and resources from different sources, including the Internet.

2.2.8.E.2

Compare and contrast situations that require support from trusted adults or health professionals.

through individual and group activities, the influences of positive role models and involvement in community service. Character is who you are when no one is looking.
D. Service to others and advocacy to promote personal and community wellness can impact the immediate community and society as a whole.
E. There are numerous health and fitness programs available that provide a variety of services. Not all are created equal.

Acquisition	
KNOWLEDGE	SKILLS
Students will know how to…	*Students will be skilled at…*
The use of critical thinking, decision making, problem solving, leadership and communication skills are essential to making informed personal, family and community decisions.	A. Compare and contrast verbal and nonverbal interpersonal communication strategies in a variety of settings and cultures in different situations.
	B. Predict social situations that may require the use of decision-making skills. Justify when individual or collaborative decision-making is appropriate. Analyze factors that support of hinder the achievement of personal health goals during different life stages.
	C. Analyze strategies to enhance character development in individual, group, and team activities. Analyze to what extent various cultures have responded effectively to individuals with disabilities
	Hypothesize reasons for personal and group adherence, or lack of adherence, to codes of conduct at home, locally, and in the worldwide community.
	D. Plan and implement volunteer activities to benefit a local, state, national, or world health initiative Defend a position on a health or social issue to activate community awareness and responsiveness.
	E. Evaluate various health products, services, and resources from different sources, including the internet. Compare and contrast situations that require support from trusted adults or health professionals.

Vocabulary	Instruction and Pacing	
Effective communication, Interpersonal, Goals, Peers, Feelings, Health Decisions, Verbal and non- verbal, Refusal, Negotiations, Alternative, Conflict, Disabilities. Compare and contrast, Collaborate ,Hypothesize, Implement, Volunteer Related Vocabulary	**Content and learning activities related to**	
	A. Interpersonal Communication	**1 week**
	B. Decision-Making and Goal Setting	**1 week**
	C. Character Development	
	D. Advocacy and Service	**1 week**
	E. Health Services and Information	**1 week**
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Resources		
Text Books/Workbooks **Internet research** **Health Web Sites** **Games**		

Differentiation and Accommodations
Provide graphic organizers Provide additional examples and opportunities for additional problems for repetition Provide tutoring opportunities Provide retesting opportunities after remediation (up to teacher and district discretion) Teach for mastery not test Teaching concepts in different modalities Adjust pace and homework assignments

ELL Modifications
- Utilize the World Language Teacher and the ELL Teacher

21st Century Skills	Critical Thinking, Creative Thinking, Collaborating, Communicating, and Technology Literacy
Instructional Strategies	Fairfield School recognizes the importance of the varying methodologies that may be successfully employed by teachers within the classroom and, as a result, identifies a wide variety of possible instructional strategies that may be used effectively to support student achievement. These may include, but not be limited to, strategies that fall into categories identified by the Framework for Teaching by Charlotte Danielson: • Communicating with students • Using questioning and discussion techniques • Engaging students in learning • Using assessment in instruction • Demonstrating Flexibility and Responsiveness
Interdisciplinary Connections	

Common Misconceptions	Proper Conceptions
A. Effective communication may not be a determining factor in the outcome of health- and safety-related.	A. Effective communication may be a determining factor in the outcome of health- and safety-related.
B. Do not use the decision-making process when addressing health-related issues.	B. Use the decision-making process when addressing health-related issues.
Character building is not influenced by many factors both positive and negative. C.	C. Character building is influenced by many factors both positive and negative . .
D. You do not benefit from participating in a service project. E. You do not need to know where your community health professionals are located.	D. You do not benefit from participating in a service project. E. You do not need to know where your community health professionals are located.

Performance Task

Written assessments, Small group/class discussion, Homework,

Rubric

ASSESSMENTS

Suggested Formative Assessment

Problem of the Day

Lesson Quizzes

Exit Ticket

Anecdotal Records (Topic Observation Checklist)

Suggested Summative Assessment

Grade level developed Unit/Envisions Topic Tests

Ed-Connect Express Tests /State Unit Benchmark Assessment/Performance Task