

STANDARD 2.2 INTEGRATED SKILLS GRADE 5&6

<p>Established Goals: Standards</p> <p>2.2 Integrated Skills: All students will develop and use personal and interpersonal skills to support a healthy, active lifestyle.</p> <p>A. Interpersonal Communication</p> <p>2.2.6.A.1</p> <p>Demonstrate verbal and nonverbal interpersonal communication in various settings that impact the health of oneself and others.</p> <p>2.2.6.A.2</p> <p>Demonstrate use of refusal, negotiation, and assertiveness skills in different situations.</p> <p>B. Decision-Making and Goal Setting</p> <p>2.2.6.B.1</p> <p>Use effective decision-making strategies.</p> <p>2.2.6.B.2</p> <p>Predict how the outcome(s) of a health-related decision may differ if an alternative decision is made by self or others.</p> <p>2.2.6.B.3</p> <p>Determine how conflicting interests may influence one's decisions.</p> <p>2.2.6.B.4</p> <p>Apply personal health data and information to support achievement of one's short- and long-term health goals.</p> <p>C. Character Development</p> <p>2.2.6.C.1</p> <p>Explain how character and core ethical values can be useful in addressing challenging situations.</p> <p>2.2.6.C.2</p> <p>Predict situations that may challenge an individual's core ethical values.</p>	Transfer	
	<p>Students will be able to:</p> <p>A. Effective communication may be a determining factor in the outcome of health- and safety-related situations. Effective communications is the basis for strengthening interpersonal interactions and relationships and resolving conflicts.</p> <p>B. Many health-related situations require the application of a thoughtful decision-making process.</p> <p>C. Personal core ethical values impact the health of oneself and other character building is influenced by many factors both positive and negative such as acceptance, discrimination, bullying, abuse, sportsmanship, support, disrespect, and violence.</p> <p>D. Service projects provide an opportunity to have a positive impact on the lives of self and others.</p> <p>E. Communicating health needs to trusted adults and professionals assists in the prevention, early detection and treatment of health problems.</p>	
	Meaning	
	ENDURING UNDERSTANDING	ESSENTIAL QUESTIONS
	<p>A. Making good health decisions requires the ability to access and evaluate reliable resources. Effective communication skills enhance a person's ability to express and defend their beliefs.</p> <p>B. Decision-making can be affected by a variety of influences that may not be in a person's best interest. Developing and implementing a plan to reach realistic wellness goals increases the likelihood of reaching those goals.</p> <p>C. Character can be developed and supported through individual and group activities, the influences of positive role models and involvement in community service.</p> <p>Character is who you are</p>	<p>A. How do you know whether or not health information is accurate? How do I learn to stand for and communicate my beliefs to others without alienating them?</p> <p>B. Why might educated people make poor health decisions? How do I overcome negative influence when making decisions about my personal health? In order to achieve lifetime wellness, what should I plan for and what should I just let happen?</p> <p>C. How are character and health related? What aspects of our character can be changed? To what extent do outside influences shape values?</p> <p>D. How can you inspire others to address health issues?</p> <p>E. Where do I go to access information about good health and fitness services?</p>

<p>2.2.6.C.3 Develop ways to proactively include peers with disabilities at home, at school, and in community activities.</p> <p>D. Advocacy and Service</p> <p>2.2.6.D.1 Appraise the goals of various community or service-organization initiatives to determine opportunities for volunteer service.</p> <p>2.2.6.D.2 Develop a position about a health issue in order to inform peers.</p>	<p>when no one is looking. D. Service to others and advocacy to promote personal and community wellness can impact the immediate community and society as a whole. E. There are numerous health and fitness programs available that provide a variety of services. Not all are created equal.</p>	
Acquisition		
	KNOWLEDGE	SKILLS
2.2.6.E.1	<i>Students will know how to...</i>	<i>Students will be skilled at...</i>
<p>Determine the validity and reliability of different types of health resources.</p>	<p>The use of critical thinking, decision making, problem solving, leadership and communication skills are essential to making informed personal, family and community decisions.</p>	<p>A. Demonstrate verbal and nonverbal interpersonal communication in various settings that impact the health of oneself and others. Demonstrate use of refusal, negotiation, and assertiveness skills in different situations.</p> <p>B. Use effective decision-making strategies</p> <p>Predict how the outcomes of a health-related decision may differ if an alternative decision is made by self or others.</p> <p>Determine how conflicting interests may influence one's decision</p> <p>Apply personal health data and information to support achievement of one's short- and long-term health goals.</p> <p>C. Explain how character and core ethical values can be useful in addressing challenging situations</p> <p>Predict situations that may challenge an individual's core ethical values</p> <p>Develop ways to proactively include peers with disabilities at home, at school and in community activities.</p> <p>D. Appraise the goals of various community or service-organization initiatives to determine opportunities for volunteer service.</p> <p>Develop a position about a health issue in order to inform peers.</p> <p>E. Distinguish health issues that warrant support from trusted adults or health professionals. Determine the validity and reliability of different types of health resources</p>

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Vocabulary	Instruction and Pacing	
Effective communication, Interpersonal, Goals, Peers, Feelings, Health Decisions, Verbal and non- verbal, Refusal, Negotiations, Alternative, Conflict, Disabilities. Related Vocabulary	Content and learning activities related to	
	A. Interpersonal Communication	1 week
	B. Decision-Making and Goal Setting	1 week
	C. Character Development	
	D. Advocacy and Service	1 week
E. Health Services and Information	1 week	

Resources

<p>Text Books/Workbooks Internet research Health Web Sites Games</p>

Differentiation and Accommodations

Provide graphic organizers
 Provide additional examples and opportunities for additional problems for repetition
 Provide tutoring opportunities
 Provide retesting opportunities after remediation (up to teacher and district discretion)
 Teach for mastery not test
 Teaching concepts in different modalities
 Adjust pace and homework assignments

ELL Modifications

- Utilize the World Language Teacher and the ELL Teacher

21st Century Skills

Critical Thinking, Creative Thinking, Collaborating, Communicating, and Technology Literacy

Instructional Strategies

Fairfield School recognizes the importance of the varying methodologies that may be successfully employed by teachers within the classroom and, as a result, identifies a wide variety of possible instructional strategies that may be used effectively to support student achievement. These may include, but not be limited to, strategies that fall into categories identified by the Framework for Teaching by Charlotte Danielson:

- Communicating with students
- Using questioning and discussion techniques
- Engaging students in learning
- Using assessment in instruction
- Demonstrating Flexibility and Responsiveness

Interdisciplinary Connections

Common Misconceptions

- A. Effective communication may not be a determining factor in the outcome of health- and safety-related.
- B. Do not use the decision-making process when addressing health-related issues.
- C. Character building is not influenced by many factors both positive and negative.
- D. You do not benefit from participating in a service project.
- E. You do not need to know where your community health professionals are located.

Proper Conceptions

- A. Effective communication may be a determining factor in the outcome of health- and safety-related.
- B. Use the decision-making process when addressing health-related issues.
- C. Character building is influenced by many factors both positive and negative .
- D. You do not benefit from participating in a service project.
- E. You do not need to know where your community health professionals are located.

Performance Task

Written assessments, Small group/class discussion, Homework,

Rubric

ASSESSMENTS

Suggested Formative Assessment

Problem of the Day

Lesson Quizzes

Exit Ticket

Anecdotal Records (Topic Observation Checklist)

Suggested Summative Assessment

Grade level developed Unit/Envisions Topic Tests

Ed-Connect Express Tests /State Unit Benchmark Assessment/Performance Task