



Rise & Shine With Nutri-Serve!

BREAKFAST MENU

We use the healthier whole grain versions of your breakfast favorites!

Breakfast Includes: Milk & Fruit !

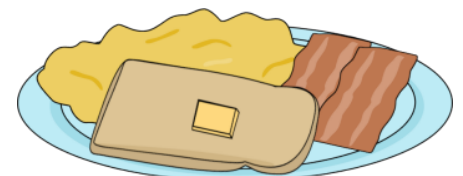
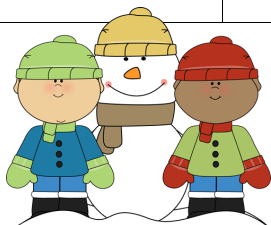


January Breakfast Menu Fairfield Twp. School District



Did you know?!?!
Eating within two hours of waking up jumpstarts your metabolism ~ the rate at which your body burns calories!

Monday-January 2	Tuesday-January 3	Wednesday-January 4	Thursday-January 5	Friday-January 6
SCHOOL CLOSED WINTER RECESS	Crunch Mania French Toast Graham <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Cereal Bowl w/Graham Crackers <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Cherry Frudel w/ Cheese Stick <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Cereal Bowl w/Graham Crackers <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice
Monday-January 9	Tuesday-January 10	Wednesday-January 11	Thursday-January 12	Friday-January 13
Cereal Bowl w/Graham Crackers <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Chocolate Chip Muffin <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Cereal Bowl w/Graham Crackers <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Cinnamon Roll Cinnamon Swirl <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Cereal Bowl w/Graham Crackers <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice
Monday-January 16	Tuesday-January 17	Wednesday-January 18	Thursday-January 19	Friday-January 20
NO SCHOOL Martin Luther King Jr. Day "Intelligence plus character- that is the goal of true education." -Dr. Martin Luther King Jr	Cinnamon Toast Cereal Bar <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Cereal Bowl w/Graham Crackers <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Apple Bites Apple Cinnamon <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Cereal Bowl w/Graham Crackers <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice
Monday-January 23	Tuesday-January 24	Wednesday-January 25	Thursday-January 26	Friday-January 27
Cereal Bowl w/Graham Crackers <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Mini Bagel Cinnamon Cream Cheese <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Cereal Bowl w/Graham Crackers <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Chocolate Chip Muffin <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Cereal Bowl w/Graham Crackers <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice
Monday-January 30	Tuesday-January 31	Breakfast Served to all Students at No Cost Food Service Director: Pat Pangborne FAR@nsfm.com ~ Phone: 856-453-1882 X2113 *Menu subject to change		
Cereal Bowl w/Graham Crackers <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Pop Tart w/Graham Crackers <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice			



This institution is an equal opportunity provider.