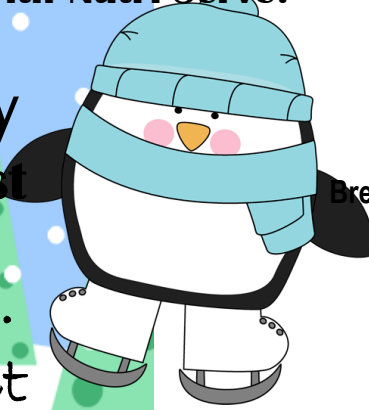




# Rise & Shine With Nutri-Serve!

# BREAKFAST MENU

## January PreK-K Breakfast Menu Fairfield Twp. School District



We use the healthier whole grain versions of your breakfast favorites!

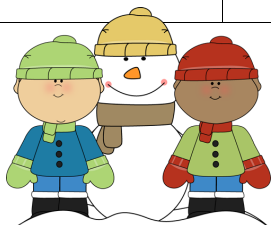
Breakfast Includes: Milk & Fruit !



### Did you know?!?!

Eating within two hours of waking up jumpstarts your metabolism ~ the rate at which your body burns calories!

Monday-January 2	Tuesday-January 3	Wednesday-January 4	Thursday-January 5	Friday-January 6
<b>SCHOOL CLOSED</b>  <b>WINTER RECESS</b>	<b>Pop Tart</b> w/ Cheese Stick <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	<b>Cereal Bowl</b> w/Graham Crackers <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	<b>Cherry Frudel</b> w/ Cheese Stick <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	<b>Cereal Bowl</b> w/Graham Crackers <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice
Monday-January 9	Tuesday-January 10	Wednesday-January 11	Thursday-January 12	Friday-January 13
<b>Cereal Bowl</b> w/Graham Crackers <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	<b>Pop Tart</b> w/ Cheese Stick <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	<b>Cereal Bowl</b> w/Graham Crackers <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	<b>Cinnamon Roll</b> Cinnamon Swirl <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	<b>Cereal Bowl</b> w/Graham Crackers <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice
Monday-January 16	Tuesday-January 17	Wednesday-January 18	Thursday-January 19	Friday-January 20
<b>NO SCHOOL</b> Martin Luther King Jr. Day "Intelligence plus character- that is the goal of true education." -Dr. Martin Luther King Jr	<b>Pop Tart</b> w/ Cheese Stick <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	<b>Cereal Bowl</b> w/Graham Crackers <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	<b>Cherry Frudel</b> w/ Cheese Stick <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	<b>Cereal Bowl</b> w/Graham Crackers <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice
Monday-January 23	Tuesday-January 24	Wednesday-January 25	Thursday-January 26	Friday-January 27
<b>Cereal Bowl</b> w/Graham Crackers <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	<b>Pop Tart</b> w/ Cheese Stick <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	<b>Cereal Bowl</b> w/Graham Crackers <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	<b>Cinnamon Roll</b> Cinnamon Swirl <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	<b>Cereal Bowl</b> w/Graham Crackers <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice
Monday-January 30	Tuesday-January 31	<b>Breakfast Served to all Students at No Cost</b>  Food Service Director: Pat Pangborne FAR@nsfm.com ~ Phone: 856-453-1882 X2113 *Menu subject to change		
<b>Cereal Bowl</b> w/Graham Crackers <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	<b>Pop Tart</b> w/ Cheese Stick <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice			



This institution is an equal opportunity provider.