



# Rise & Shine With Nutri-Serve!

# BREAKFAST MENU

## February Pre K—K Breakfast Menu Fairfield Twp. School District



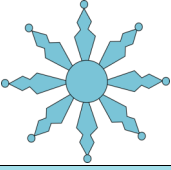

We use the healthier whole grain versions of your breakfast favorites!

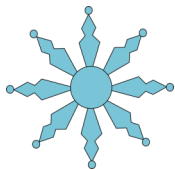


Breakfast Includes: Milk & Fruit

### Did you know?!?!

Eating within two hours of waking up jumpstarts your metabolism ~ the rate at which your body burns calories!

		Wednesday-February 1	Thursday-February 2	Friday-February 3
		<b>Cereal Bowl</b> w/Graham Crackers <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	<b>Cherry Frudel</b>  <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	<b>SCHOOL CLOSED TEACHER IN-SERVICE</b>
Monday-February 6	Tuesday-February 7	Wednesday-February 8	Thursday-February 9	Friday-February 10
<b>Cereal Bowl</b> w/Graham Crackers <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	<b>Pop Tart</b> w/ Cheese Stick <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	<b>Cereal Bowl</b> w/Graham Crackers <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	<b>Cinnamon Roll</b> Cinnamon Swirl <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	<b>Cereal Bowl</b> w/Graham Crackers <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice
Monday-February 13	Tuesday-February 14	Wednesday-February 15	Thursday-February 16	Friday-February 17
<b>Cereal Bowl</b> w/Graham Crackers <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	<b>Pop Tart</b> w/ Cheese Stick <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	<b>Cereal Bowl</b> w/Graham Crackers <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	<b>Cherry Frudel</b>  <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	<b>Cereal Bowl</b> w/Graham Crackers <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice
Monday-February 20	Tuesday-February 21	Wednesday-February 22	Thursday-February 23	Friday-February 24
<b>NO SCHOOL President's Day</b>	<b>Pop Tart</b> w/ Cheese Stick <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	<b>Cereal Bowl</b> w/Graham Crackers <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	<b>Cinnamon Roll</b> Cinnamon Swirl <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	<b>Cereal Bowl</b> w/Graham Crackers <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice
Monday-February 27	Tuesday-February 28	<b>Breakfast Served to all Students at No Cost</b>  Food Service Director: Pat Pangborne FAR@nsfm.com ~ Phone: 856-453-1882 X2113 *Menu subject to change		
<b>Cereal Bowl</b> w/Graham Crackers <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	<b>Pop Tart</b> W Cheese Stick <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice			



This institution is an equal opportunity provider.