## Rise & Shine With Nutri-Serve!

## **BREAKFAST MENU**

We use the healthier whole grain versions of your breakfast favorites!

Breakfast Includes: Milk & Fruit



# Prek-KBreakfast Menu

Fairfield Twp.

School District

#### Did you know?!?!

Eating within two hours of waking up jumpstarts your metabolism ~ the rate at which your body burns calories!



## **Breakfast Served to all Students at No Cost**

Food Service Director: Pat Pangborne

FAR@nsfm.com ~ Phone: 856-453-1882 X2113

\*Menu subject to change



# <u>Phillies</u>

weru subject to change				
Monday-April 3	Tuesday-April 4	Wednesday-April 5	Thursday-April 6	Friday-April 7
Cereal Bowl w/ Graham Cracker Sides: Fruit: Fresh/Cupped/Juice Milk Choice	Pop Tart w/ Cheese Stick Sides: Fruit: Fresh/Cupped/Juice Milk Choice	Cereal Bowl w/ Graham Cracker Sides: Fruit: Fresh/Cupped/Juice Milk Choice	Yogurt w/ Graham Crackers Sides: Fruit: Fresh/Cupped/Juice Milk Choice	Cereal Bowl w/ Graham Cracker Sides: Fruit: Fresh/Cupped/Juice Milk Choice
Monday-April 10	Tuesday-April 11	Wednesday-April 12	Thursday-April 13	Friday-April 14
Cereal Bowl w/ Graham Cracker Sides: Fruit: Fresh/Cupped/Juice Milk Choice	Pop Tart w/ Cheese Stick Sides: Fruit: Fresh/Cupped/Juice Milk Choice	Cereal Bowl w/ Graham Cracker Sides: Fruit: Fresh/Cupped/Juice Milk Choice	Spring Break No School	Spring Break No School
Monday-April 17	Tuesday-April 18	Wednesday-April 19	Thursday-April 20	Friday-April 21
Spring Break		Cereal Bowl	Yogurt	Cereal Bowl
No School	Spring Break No School	w/ Graham Cracker <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	w/ Graham Crackers Sides: Fruit: Fresh/Cupped/Juice Milk Choice	w/ Graham Cracker <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice
		<u>Sides:</u> Fruit: Fresh/Cupped/Juice	<u>Sides:</u> Fruit: Fresh/Cupped/Juice	Sides: Fruit: Fresh/Cupped/Juice





