



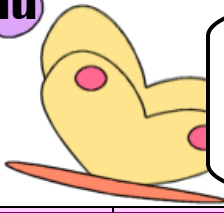
Rise & Shine With Nutri-Serve!

BREAKFAST MENU

September
PREK-K Breakfast Menu
Fairfield Twp.
School District

We use the healthier whole grain versions of your breakfast favorites!

Breakfast Includes: Milk & Fruit



Did you know?!?
Eating within two hours of waking up jumpstarts your metabolism ~ the rate at which your body burns calories!



Breakfast Served to all Students at No Cost Food Service Director: Pat Pangborne FAR@nsfm.com ~ Phone: 856-453-1882 X2113 *Menu subject to change			Thursday-Sept 1	Friday-Sept 2
			SCHOOL CLOSED	SCHOOL CLOSED
Monday-Sept 5	Tuesday-Sept 6	Wednesday-Sept 7	Thursday-Sept 8	Friday-Sept 9
SCHOOL CLOSED	Cereal Bowl w/Graham Crackers <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Cereal Bowl w/Graham Crackers <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Cereal Bowl w/Graham Crackers <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Cereal Bowl w/Graham Crackers <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice
Monday-Sept 12	Tuesday-Sept 13	Wednesday-Sept 14	Thursday-Sept 15	Friday-Sept 16
Cereal Bowl w/Graham Crackers <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Pop Tart w/ Cheese Stick <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Cereal Bowl w/Graham Crackers <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Mini Bagel Cinnamon Cream Cheese <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Cereal Bowl w/Graham Crackers <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice
Monday-Sept 19	Tuesday-Sept 20	Wednesday-Sept 21	Thursday-Sept 22	Friday-Sept 23
Cereal Bowl w/Graham Crackers <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Pop Tart w/ Cheese Stick <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Cereal Bowl w/Graham Crackers <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Mini Bagel Cinnamon Cream Cheese <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Cereal Bowl w/Graham Crackers <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice
Monday-Sept 26	Tuesday-Sept 27	Wednesday-Sept 28	Thursday-Sept 29	Friday-Sept 30
Cereal Bowl w/Graham Crackers <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Pop Tart w/ Cheese Stick <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Cereal Bowl w/Graham Crackers <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Mini Bagel Cinnamon Cream Cheese <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Cereal Bowl w/Graham Crackers <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice

WELCOME BACK!

Milk Choices: Skim White, Chocolate, Strawberry, 1% White, Lactaid

This institution is an equal opportunity provider.

