



National School Lunch Week is....

October 10-14

SCHOOL LUNCH SHOW YOUR SPIRIT!

October Lunch Menu FAIRFIELD TWP School District



DAILY ALTERNATE:

PB & J Sandwich



Choose 1 Entrée. (3 Daily Specials & 2 Daily Alternates)

Includes 2 Fruit & 2 Veggie Choices!

You must choose at least 1 fruit or veggie.

BALLOONS

For a Balanced Lunch!

We Use Whole Grain Products!



For a Balanced Lunch Choose..

A Balloon of Each COLOR

Daily Fruit Offerings: Fresh, Cupped, 100% Juice All Salads Come With a Grain.

V = Vegetarian Ingredients GF = Gluten-Free Ingredients

All American Monday! I ♥ the USA American Classics!

Fun Flavors Tuesday! AKA: Taco Tuesday, Mexican, Asian, Italian

Wacky Wednesday! A School Favorite! The random category!

Chicken Lover's Thursday! Everything & Anything CHICKEN!

Pizza Lover's Friday! Cheesy Pizza By The Slice!

Monday-October 3 Chicken Patty On a Bun Pizza Cereal & Yogurt Bag Sides: Veggie Medley Carrots w/ Ranch

Tuesday-October 4 Hot Dog w/ cheese On a Bun Chicken Patty on a Bun Chicken Caesar Salad Sides: Baked Beans Celery w/ Ranch

Wednesday-October 5 Cheese Steak on Roll Hot Dog on Bun Turkey Club Salad Cereal & Yogurt Bag Sides: Seasoned French Fries Cucumber w/ Ranch

Thursday-October 6 Pizza By the Slice Tuna Salad On Bun Sides: Tossed Veggie Salad Broccoli Bites w/ Ranch

Friday-October 7 SCHOOL CLOSED TEACHER IN-SERVICE

Nat'l School Lunch Week Begins! COLUMBUS DAY SCHOOL CLOSED

Tuesday-October 11 NEVER GIVE UP! Mozzarella Sticks w/ Dinner roll Chicken Patty on a Bun Sides: Gettem Green Beans Celery w/ Ranch

Wednesday-October 11 There's No I in TEAM French Toast w Sausage Hot Dog on Bun Turkey Club Salad Cereal & Yogurt Bag Sides: Traveling Tater Tots Cucumber w/ Ranch

Thursday-October 11 BRING IT ON! Chicken Nuggets w/ Corn Muffin Cheeseburger on a Bun Chef Salad Sides: VICTORY Veggie Medley Broccoli Bites w/ Ranch

Friday-October 11 SHOW SOME PRIDE! Pizza By the Slice Tuna Salad On Bun Cereal & Yogurt Bag Sides: CHEERFUL Salad Mixed Patch w/Dip

Monday-October 17 Bacon Chicken Melt On a Bun Pizza Cereal & Yogurt Bag Sides: Swirly Curly Fries Carrots w/ Ranch

Tuesday-October 18 BBQ Pulled Pork On Kaiser Roll Chicken Patty on a Bun Chicken Caesar Salad Sides: Baked Beans/ Strawberry Parfait Celery w/ Ranch

Wednesday-October 19 Nacho Grande w/ Chips Hot Dog on Bun Turkey Club Salad Cereal & Yogurt Bag Sides: Corn/ Lettuce ,tomato cups Cucumber w/ Ranch

Thursday-October 20 Popcorn Chicken w/ Pasta & Parmesan Cheeseburger on a Bun Chef Salad Sides: Poppin Peas & Carrots Broccoli Bites w/ Ranch

Friday-October 21 Pizza By the Slice Tuna Salad On Bun Cereal & Yogurt Bag Sides: Vege-licious Garden Salad Mixed Patch w/Dip

Monday-October 24 BBQ Chicken On a Torpedo Pizza Cereal & Yogurt Bag Sides: Green Beans Carrots w/ Ranch

Tuesday-October 25 Grownup Grill Cheese w/ 3 Cheese& Turkey Bacon Chicken Patty on a Bun Chicken Caesar Salad Sides: Super Sweet Corn Celery w/ Ranch

Wednesday-October 26 Meatloaf w/ Dinner Roll Hot Dog on Bun Turkey Club Salad Cereal & Yogurt Bag Sides: Mega Mashed Potatoes Cucumber w/ Ranch

Thursday-October 27 Chicken Sticks w/ Dinner Roll Cheeseburger on a Bun Chef Salad Sides: Splendid Steamed Broccoli Broccoli Bites w/ Ranch

Friday-October 28 Pizza By the Slice Tuna Salad On Bun Cereal & Yogurt Bag Sides: Tossed Veggie Salad Mixed Patch w/Dip

Monday-October 31 Booin Onion Burger w/ Cheese On a Bun Pizza Cereal & Yogurt Bag Sides: Spooky Fries-Colorful Cookie Carrots w/ Ranch

Nat'l School Lunch Week Is October 10-14 This year's theme is "School Lunch: Show Your Spirit". According to the School Nutrition Association (SNA), National School Week Lunch Week "recognizes the importance of a healthy school lunch on a child's life both inside and outside of the classroom". School lunch programs must offer 5 meal components (our balloons) and meet certain nutrition guidelines. Nutri-Serve offers an array of fresh items and allows students to choose their fruits and veggies! SNA is encouraging students to take advantage of the balanced & affordable school lunch!

Lunch Served To All Students At No Cost Extra Entrée:\$1.00 Adult: \$3.50 Milk: \$0.40 \*Menu subject to change. Food Service Director: First And Last Name FAR@nsfm.com Phone: 856-453-1882 ext 2113 Look for snacks, nutrition & menu descriptions posted on the school website! Milk: Skim White, Fat-Free Chocolate, Fat-Free Strawberry, 1% White, Lactaid This institution is an equal opportunity provider.